

# TMMS Wrestling Travel Itinerary to Ketchikan

Hello Falcon Wrestling Family- We did really well in Sitka last week. Myself and the coaches were very proud of the effort we saw. With that said, we are excited for our second tournament of the 2026 season! Due to the hard work at practice and the fundraising efforts, we will be able to travel to Ketchikan to participate in the Kurt Kuehl Southeast Invitational. (defacto Southeast Championships)

We just wanted to share a few details about our trip. Please make sure your wrestler brings a book or any school work for the trip. We are students first.



## When:

- Drop off at Juneau Airport Friday Feb 6th at 5:30 am
- Arrive in Ketchikan 8:24 AM Friday Feb 6th on AK Air Flight 60.
- Leave Ketchikan Sunday Feb 8th at 9:02 AM on Flight 65
- Arrive at Juneau Airport 12:32 pm Sunday February 8th

## What to Bring

- |                                                                                                                                                                             |                                                                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Winning attitude!                                                                                                                                  | <input type="checkbox"/> Warm clothes (Jacket, gloves, hat)                                   |
| <input type="checkbox"/> Personal Items (toothbrushes, deodorant, soap, etc.)                                                                                               | <input type="checkbox"/> At least 2 changes of clothes (socks, pants, shirt, underwear, etc.) |
| <input type="checkbox"/> Homework and/or book                                                                                                                               | <input type="checkbox"/> Outside footwear (boots, etc)<br>Not just flip flops/slides!         |
| <input type="checkbox"/> Water bottle (empty for travel)                                                                                                                    | <input type="checkbox"/> Towel                                                                |
| <input type="checkbox"/> Uniform (singlet & hoody)(keep in carry on)                                                                                                        | <input type="checkbox"/> Swim trunks (We will likely go swimming)                             |
| <input type="checkbox"/> Wrestling shoes & headgear (Keep in carry on, <b>if you have braces you must have a mouth guard</b> , orthodontist should have some if you do not) | <input type="checkbox"/> Sleeping Bag and pillow                                              |
|                                                                                                                                                                             | <input type="checkbox"/> \$30.00 per day for food                                             |
|                                                                                                                                                                             | <input type="checkbox"/> Sleeping pad                                                         |

## What to do:

1. Be on time & follow all rules. **(Energy drinks are not allowed)**
2. Leave places cleaner than you found them. (We struggled with this last trip, please remind your student athletes the importance of being neat in another team's facility.)
3. You are representing yourself, TMMS wrestling, and Juneau. So make a positive impression!
4. Do not leave the group without asking permission. (Students must be in groups of at least 4 when walking outside of the group.)
5. **Bringing personal electronics is done so at your own risk. Loss, damage, or theft are not the responsibility of the team or coaches.**
6. **TO ENSURE A GOOD NIGHT SLEEP, PRIOR TO COMPETITION, ALL CELL PHONES WILL BE SHUT OFF AND TURNED INTO COACH BROWN FOR SAFEKEEPING PRIOR TO LIGHTS OUT (Usually around 10 pm unless traveling) AND RETURNED IN MORNING.**

**ANY VIOLATION OF TEAM RULES IS SUBJECT TO STUDENT BEING REMOVED FROM COMPETITION AND FLOWN HOME AT THE PARENTS EXPENSE. BEST BEHAVIOR IS EXPECTED.**

**Tentative Schedule:**

- Friday Feb 6th arrive in Ketchikan at 8:30 am, transport to school via bus. The team will be housed as a group at Schoenbar Middle School (subject to change), girls in one room, boys in another. Each group will have several chaperones present.
- Friday weigh-ins will be at 2:00 pm (Time subject to change only weigh-in of tourney).
- 3:30 pm wrestling begins on two mats in the main gym. Tourney due to size will take place at Ketchikan High School's main gym. No announcement yet on streaming but I believe it will be streamed.
- Food will not be provided but Ketchikan has many amenities (grocery stores & restaurants) nearby the school so we will have ample opportunities to get food and any items we may need.
- Saturday breakfast on our own (Coach Hass and I will likely purchase breakfast items for kids to consume in the morning via team funds.)
- Wrestling begins at 8:30 AM.
- Finals time is 5:00 pm. check <https://www.bearsandfalconswwrestlingbooster.com/> for possible streaming times.
- Sunday February 8th depart to Juneau via Alaska Airlines @ 9:02 am arrive Sunday Feb 1st at 6:45 am.

*Message from Ketchikan*

*Bracketing*

*The tournament will focus on getting wrestlers as many matches as possible. If wrestlers are eliminated, they will enter a round robin pool. This tournament will be run on USA Wrestling. We will run a traditional tournament with breaks in between rounds.*

*Rules:*

*1 weigh-in on Friday*

*1 point team point scorer per weight class*

**Accommodations:**

Wrestlers will be housed together at Schoenbar Middle School.

**Contact Numbers:**

Coach Ken Brown's cell 907-500-8281 (texting is best, I can call back immediately if needed).

Coach Hass: 907-586-1277

Coach Savland: 907-723-2858

Please don't hesitate to reach out if you have any questions. Also, please help us remind the student-athletes that the best version of themselves *off* the mat will have a direct impact on their performance *on* the mat.

Thank you for your continued support!